

# 10<sup>th</sup> ASEAPS 2025

10<sup>th</sup> Association of Southeast Asian Pain Societies Congress

2 - 4 MAY 2025 | SINGAPORE EXPO

1 MAY 2025 | PRE-CONGRESS WORKSHOPS

**From Pain to EMPOWERMENT**



Time	2 May 2025, Friday - Day 1		
	Garnet 212-219	Topaz 220-225	Topaz Concourse
	Track 1	Track 2	Track 3
0800 - 1700	Registration		
0830 - 0900	Plenary 1A - International Association for the Study of Pain (IASP) Global Year 2025 Lecture Andrew Rice		
0900 - 0930	Plenary 1B - Prof Cynthia Goh Lecture - Pain Education & Training, Where Do We Go From Here? Mary Cardoso		
0930 - 1000	Plenary 1C - OPEN Consortium Michael Nicholas		
1000 - 1030	Coffee/Tea break, Exhibition, Posters & Infographics Viewing		
1030 - 1200	Symposium 1A - Headaches & Facial Pains, Tell Me About It!	Symposium 1B - Pain in the Older Adults	Symposium 1C - New Frontiers in Low Back Pain Management
	Overview of Headaches Tha Tha Oo	Epidemiology, Impact and Barriers to Pain Management in Older Adults Fiona Blyth	Vertebrogenic Pain - Myth or Fact? Manojit Sinha
	Latest in Migraine Treatment (Including CGRP Blockers) Samer Narouze	Analgesics & Polypharmacy in the Older Adults Thanarat Suansanae	Discogenic Pain - Diagnosis & Treatment Marvin Thepsoparn
	Interventions for Headaches Nicholas Chua	Challenges of Managing Pain in Dementia/Delirium Bharathi Balasundram	Exercise, Exercise, Exercise - Role of Rehab in Spinal Pain Gunawan Kurniadi
	Orofacial Pain Tan Hee Hon	Postherpetic Neuralgia - Prevention Better than Cure? Iswandi Erwin	When Not to Operate for Low Back Pain Ozlan Izma Muhamed Kamil
1200 - 1245	Sponsored Lunch Symposium 1A		
1245 - 1300	Lunch, Exhibition, Posters & Infographics Viewing		
1300 - 1430	Symposium 1D - Cancer Pain	Symposium 1E - Nociceptive Pain	Symposium 1F - Integrative Therapies for Pain Management
	Epidemiology, Impact & Barriers to Pain Management in Cancer TBC	Nociceptive Pain- Applications & Controversies Andrew Rice	Unconventional Pain Management, Perspectives of TCM Huang Fang
	Opioid Use & Rotation Sasikaan Nimmaanrat	Nociceptive Orofacial Pains- Diagnosis & Management Aspects Peter Svensson	Yoga & Chronic Low Back Pain - Evidence & Practical Implications Ganesh Mohan
	Evidence for Interventions in Cancer Pain Ahmad Afifi Mohd Arshad	Fibromyalgia - What's New? Faisal Parlindungan	Acupuncture for Chronic Pain - Evidence & Practice Desmond Teo
	Cancer Survivors - How About Mt Other Pains? Sara Ho	Whiplash Injury Steven Setiono	Can Nutrition Help My Chronic Pain? Herdiani Sulistyio Putri
1430 - 1500	Coffee/Tea break, Exhibition, Posters & Infographics Viewing		
1500 - 1630	Symposium 1G - Implantable Therapies for Pain	Symposium 1H - What's New in Pain Medicine?	Symposium 1I - Research & Clinical Practice
	SCS for Neuropathic Pain Ho Kok Yuen	Gut Microbiome & Chronic Pain Athmaja Thottungal	Challenges in Pain Research - Patients, Priorities, Progress Sng Ban Leong
	Intrathecal Drug Delivery for Pain Bernard Canlas	Chemical Neurolysis for Major Joint Pain Tony Ng	Top 5 Pain Papers That Have Changed Practice Narinder Pal Singh
	Neuromodulation in Spinal Cord Injury Wan Kai Rui	Artificial Intelligence & VR/AR in Pain Practice Yacine Hadjrat	Placebo and Nocebo Responses in Pain Medicine Margaretha (Barbara) Breebaart
	Peripheral Neuromodulation for Pain Management Jaysree Subramaniam	Green & Sustainable Pain Practice Prit Anand Singh	Mastering Skills for The Pain Practitioner - Deliberate Practice Mah Chou Liang
1630 - 1700	Exhibition, Posters & Infographics Viewing		
1800 - 2000	Opening Ceremony		

Time	3 May 2025, Saturday - Day 2 - Single Day Pass		
	Garnet 212-219	Topaz 220-225	Topaz Concourse
	Track 1	Track 2	Track 3
0730 - 1800	Registration		
0745 - 0830	Sponsored Breakfast Symposium 2A		Early Career Network Event - what Exams To Do - FIPP/CIPS/EDPM TBC
0830 - 0900	RA Lecture - Quality Assurance in Regional Anaesthesia Philippe Macaire	Plenary 2A - Pain in the Lifespan Fiona Blyth	
0900 - 0930	Live Scanning Demo Athmaja Thottungal	Plenary 2B - Radiofrequency Ablation of Hip & Knee - What's New, Tips and Tricks for Success Philip Peng	
0930 - 1000	Live Scanning Demo Philippe Macaire	Plenary 2C - Revolutionising Pain Management: Precision Medicine in Healthcare Practice Jo Nijs	
1000 - 1030	Coffee/Tea break, Exhibition, Posters & Infographics Viewing		
1030 - 1200	Symposium 2A - Acute Pain, Regional Anaesthesia & POCUS - New Advances	Symposium 2B - Moving from Fear to Empowerment	Symposium 2C - Interventional Pain Management
	Consensus Guidelines on Perioperative Acute Pain Management Suwimon Tangwiwat	How Important is Understanding in Moving from Fear to Empowerment? Lorimer Moseley	A Run-through of Fluoroscopy Based Neuraxial Procedures Sanjeeva Gupta
	Hip Fracture Pathways - How to Get the Best Outcomes Slow Wei Shyan	Unleash the Power of Subconscious Mind for Pain Control Tan Siok Bee	A Run-through of US-guided MSK Procedures Sadiq Bhayani
	Transitional Pain Service Amit Varma	Pain as Whole Person Experience - A Clinical Reasoning Approach Lester E. Jones	Infections & Interventions- Available Guidelines & How to Use Them Emmanuel Villano
	Perioperative - POCUS: Why, When & How - Top to Toe Divesh Arora	A Case study: From Fear to Empowerment John Tan	
1200 - 1245	Sponsored Lunch Symposium 2B	Sponsored Lunch Symposium 2C	Sponsored Lunch Symposium 2D
1245 - 1300	Lunch, Exhibition, Posters & Infographics Viewing		
1300 - 1430	Symposium 2D - All Hands On Deck - How Do I Manage Acute Surgical Pain Management	Symposium 2E - Panel Discussion What Does Patient Centred Care Look Like? Current Understanding & Challenges	Symposium 2F - Collaborations in Paediatric Pain
	What Blocks for My ERAS Patients: Total Knee Arthroplasty, Total Hip Arthroplasty, Spine Surgery Ong Say Yang	Panelists: Philip Cheong Lester E. Jones Michael Nicholas Jo Nijs  Presenters: Bryan Tan Yang Su-Yin Jessica Yu	Essential Pain Management in Paediatrics - An ASEAN Collaboration Herdiani Sulistyo Putri
	What Blocks for My ERAS Patients: Mastectomy, Open Abdominal Surgery Madonna Damayanthie Datu		Panel Discussion - Building a Paediatric Pain Service Aye Mya Min Aye   Sahatsa Mandeey   Farah Khalid
	Predicting Persistent Post Operative Pain - Is It Possible? Nantthasorn Zinboonyahoon		Procedural Pain - What Healthcare Providers & Parents Can Do Farah Khalid
	Biopsychosocial Issues with Managing Acute Post Surgical Pain Myint Thaug		
5 Papers That Changed My Practice Sanjay Bajaj			
1430 - 1500	Coffee/Tea break, Exhibition, Posters & Infographics Viewing		
1500 - 1630	Symposium 2G - Pro-Con Sessions in Acute Pain, Regional Anaesthesia & POCUS	Symposium 2H - Emerging Trends in Pain Management	Symposium 2I - How to Make Things Work!
	Block the Open Tibia/ Fibula Fracture ORIF PRO: Uma Shridhar   CON: TBC	When Environment Meets Genetics: Epigenetics to Foster Precision Pain Medicine Jo Nijs	How to Optimise Patient Outcomes with Words! Quyen Van Than
	POCUS is All Hocus POCUS PRO: TBC   CON: Jeetinder Kaur Makkar	Pain Self Management - Building Capacities in ASEAN Countries Zubaidah Jamil Osman	Medicolegal Aspects in Pain Medicine Melvin See
	Erector Spinae Plane Block - The Days are Numbered PRO: Ashokka Balakrishnan   CON: Roneil M Nogoy	Towards Better Chronic Pain Outcomes: The Evolving Role of Physiotherapists Preeshaa Adithan	At The Crossroads of Dependency & Pain Lui Yit Shiang
	Clinical Hypnosis as a Safe, Easy, and Effective Pain Management Approach Mark P Jensen	Hypnotic Intervention: A Feasible Approach for Emotional and Psychological Peri-surgical Care Shawn Lee Ji Kwan	
1630 - 1800	Exhibition, Posters & Infographics Viewing		
1800 - 2000	Faculty Dinner		
Time	4 May 2025, Sunday - Day 3		
	Garnet 212-219	Topaz 220-225	
	Track 1	Track 2	
0730 - 1230	Registration		
0830 - 0900	Plenary 3A - Australian Pain Society President Lecture - painACT: Building Capacity for The Silver Generation Bernadette Smith		
0900 - 0930	Plenary 3B - Management of Pain: Evolving Role of Nursing Practice Paulin Koh		
0930 - 1000	Plenary 3C - South Asian Regional Pain Society Lecture GP Dureja		
1000 - 1045	Best Poster, Best Infographics Awards & Closing Ceremony		
1045 - 1115	Coffee/Tea break, Exhibition, Posters & Infographics Viewing		
1115 - 1300	Symposium 3A - Osteoarthritis - Balancing Injectables & Conservative Care	Symposium 3B - Looking Into The Future	

	<b>Injectables for Major Joint Osteoarthritis - Steroids, Hyalunronic Acid, Platelet Rich Plasma</b> Philip Peng	<b>When Drugs Don't Work - The Scientific Basis Behind Everything Else</b> Aimee Flor A. Barrion
	<b>Evidence for Radiofrequency</b> Sadiq Bhayani	<b>The Advancement of Precision in Pain Treatment</b> Mark P. Jensen
	<b>"Not Uncommon" Complications in Pain Interventions</b> Ong Say Yang	<b>Measuring PROMs- Utility &amp; Looking Forward</b> Diana Chan
	<b>Primary Care Management of Osteoarthritis</b> Ben Darlow	<b>Power of Metaphors in Pain Practice</b> Sanjeeva Gupta
		<b>Burnout Among Pain Physicians</b> Nattha Saisavoey
	<i>Adjourn</i>	

Each symposium comprises 3 lectures (25 mins each, with about 10 mins Q&A at end of symposium). Can consider 20 min lectures, 4 lectures, and 10 min Q&A at the end.